

**Crushing It On Stage**  
Igniting Leaders to Engage & Empower



## Sample of Interactive Activities for Training

*A reminder to keep participants moving in some way, every 5-7 minutes!*

### Discussions (whole group, small/break out groups, pairs):

- Pairs - Turning to a partner and discussing (e.g. Think/Pair/Share, Turn and Talk)
- Small Groups - add movement by asking participants to move to their new groups, writing responses on chart paper, looking at scenarios, case studies, completing graphic organizers
- Responding to a question, image, video or quote
- Encourage all participants to respond using some of the options below

### Movement:

- Showing agreement to a statement - Stand Up/Sit Down, Thumbs Up/Thumbs Down, 4 Corners, Show of hands/Raising hand
- Mingling to music (pause and chat)
- Posting a response to a chart – Post it Pile up
- Posting questions on Parking Lot chart
- Mimic the facilitator (through words or actions)
- Presentations by groups (orally, visually, or through role playing)
- Completing worksheets (e.g. fill in the blanks)

### Using Technology:

- Live Polling (responding to questions, can be displayed through word clouds)
- Live Quizzes
- Anonymous questions (through apps)
- Tweeting

### Reflective Exercises:

- Guided Imagery (led by facilitator)
- Journaling
- Completing Graphic Organizers (e.g. brainstorming, mind mapping)

### Great Resource Links:

- Interactive Activity Ideas - <https://www.usf.edu/atle/documents/handout-interactive-techniques.pdf>
- Kagan Cooperative Learning Activity Ideas - <https://sirblois.files.wordpress.com/2016/09/cooperative-learning-activities.pdf>