

Crushing It On Stage

Igniting Leaders to Engage & Empower



Attention Grabbers

1. Create a Rhythm

- Facilitator clap/snaps a rhythm (e.g. clap, clap, snap)
- Participants respond by repeating the same rhythm
- Facilitator continues (choosing a different rhythm each time) until the participants are all focused on the speaker

2. Call and Response

- Facilitator says beginning portion of the phrase and the participants respond with the ending and then focus on the speaker
- Examples include:
 - i. Shout, shout...let it all out
 - ii. In the jungle, the mighty jungle...the lion sleeps tonight
 - iii. Go ahead...make my day
 - iv. Wax on...wax off
 - v. Houston...we have a problem
 - vi. E.T...phone home
 - vii. Hakuna...matata
 - viii. www dot...hush dot com

3. Call and Response (with an action)

- Facilitator says "If you can hear me...match me..." and does an action
- The participants respond by performing the same action
- Facilitator can repeat (using a different action) until all participants are focused on speaker

4. Use a Musical Instrument

- Facilitator rings a bell (or other musical instrument) to get the attention of the participants
- Modified version: Using a rainstick, the facilitator keeps flipping it when the sound ends, but tracks how many flips it took. The challenge is then made to get the attention of the participants with less flips the next time it is used.

A reminder to demonstrate and practice prior to using it!